Physcial Education Lesson Plans
April 20 - April 24

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Kindergarten - 2nd Grade	3rd Grade - 5th Grade	
This weeks focus: I can do exercises while completing a scavenger hunt. Keyword: POSITIVE ENVIRONMENT An environment in which people respect, encourage, and support one another at all times	This weeks focus: I can do exercises while completing a scavenger hunt. Keyword: POSITIVE ENVIRONMENT An environment in which people respect, encourage, and support one another at all times	
Warm Up	Warm Up	
Activity Have fun completing the exercise savenger hunt activity below.	Activity Have fun completing the exercise savenger hunt activity below.	
Scavenger Hunt K-2	Scavenger Hunt 3-5	
Mindfulness Check out the Gonoodle video below	Mindfulness Check out the Gonoodle video below	
<u>Mindfulness</u>	<u>Mindfulness</u>	